

PATIENT INFORMATION:

PATIENT'S NAME: _____ D.O.B: _____ F M
 ADDRESS: _____
 TELEPHONE #: _____ OHIP #: _____
 APPOINTMENT DATE: _____ TIME: _____ WEIGHT: _____
 *Note: Please see back for patient instructions and directions Check if applicable **STAT**

NUCLEAR CARDIOLOGY

MYOCARDIAL PERFUSION IMAGING (MPI)
 WITH VENTRICULAR FUNCTION
 EXERCISE PHARMACOLOGIC STRESS (PERSANTINE)
Indication for ordering MPI procedures:
 Abnormal Exercise / Rest ECG Post M.I.
 Atypical (variant) angina / SOBOE Rule out CAD (CRF with symptoms)
 Typical Angina Other: _____

MYOCARDIAL VIABILITY STUDY (THALLIUM)

**Note: Please consult your doctor regarding discontinuation of Beta Blockers (48hrs), Erectile Dysfunction (48hrs), and Calcium Blockers (24hrs) prior to cardiac stressing.*

CARDIOLOGY

12-LEAD ELECTROCARDIOGRAM (REST ECG)
 ECHOCARDIOGRAM (COLOUR DOPPLER)
Please select one of the following indications:
 Chest pain suspicious of CAD
 Congestive heart failure
 Palpitations / arrhythmias
 Murmur
 Hypertension
 Syncope
 Other: _____

EXERCISE STRESS TEST (GXT)
 STRESS ECHO

CARDIOLOGY CONSULTATION

CONSULTATION REQUESTED
 URGENT, FIRST AVAILABLE CARDIOLOGIST
 DR. BRIAN GILBERT
 DR. CHRISTOPHER MORGAN
 DR. SHAHEEDA AHMED
 DR. PATRICIA MCEWAN
 DR. SOOHUN CHUN
 DR. LUIS NORONHA
 DR. AMAN MUNDI
 DR. ABDULWAHAB ARRAGAZHI
 DR. MANSOOR HUSAIN
 DR. _____

CONSULT IF TEST RESULT IS POSITIVE / ABNORMAL

AMBULATORY MONITORING

HOLTER MONITORING
 A. 24 Hours
 B. 48 Hours
 C. 72 Hours
 D. 1 Week
 E. 2 Weeks
 F. 1 Month

LOOP / CARDIAC EVENT (14 days)
 24HR BP MONITOR (\$80.00 fee required)

Clinical Information: _____

Referring Physician: _____ Print Name _____ Signature _____ Fax #: _____

Copy To: _____ Print Name _____ Fax #: _____

PATIENT PREPARATION AND INSTRUCTIONS

NOTES:

1. A valid health card must be shown at every visit.
2. A signed requisition by a registered physician is mandatory for all exams.
3. If you would like to cancel/ change your appointment, please notify our office at least 24 hours prior to your scheduled time.

For additional locations across Ontario, visit www.myhealthcentre.ca

NUCLEAR CARDIOLOGY

1. Patient may have a light breakfast/lunch (e.g. toast, jam, fruit, juice, water) and then nothing to eat 1 hour prior to the test.
2. Discontinue all caffeine products 24 hours prior to the test. This includes all tea, coffee, decaffeinated tea/coffee, pop, chocolate, Tylenol 2 & 3 and/or medications containing caffeine.
3. Insulin-dependent diabetics should take their insulin and a light meal 1 hour prior to the test.
4. Wear loose fitting clothing (e.g. T-shirt, track pants, athletic shoes, etc.).
5. Bring a list of all current prescription medications and check with your physician regarding the discontinuation of any heart medications (e.g. Beta-Blockers like Metoprolol or Atenolol, as well as Calcium Channel Blockers like Diltiazem or Verapamil).
6. Do not take erectile dysfunction medications (e.g. Viagra, Cialis, Levitra, etc.) 48 hours prior to the test.

MYOCARDIAL PERFUSION IMAGING consists of 2 parts: 1. Rest Study - takes approximately 1.5 - 2 hours and consists of an injection followed by imaging. 2. Stress Study - takes approximately 2 - 2.5 hours and consists of a stress test, injection and imaging.

ECHOCARDIOGRAPHY

A cool sensation may be felt on the skin from the gel on the transducer, and a slight pressure of the transducer may be felt on your chest.

The appointment will take approximately 45 minutes.

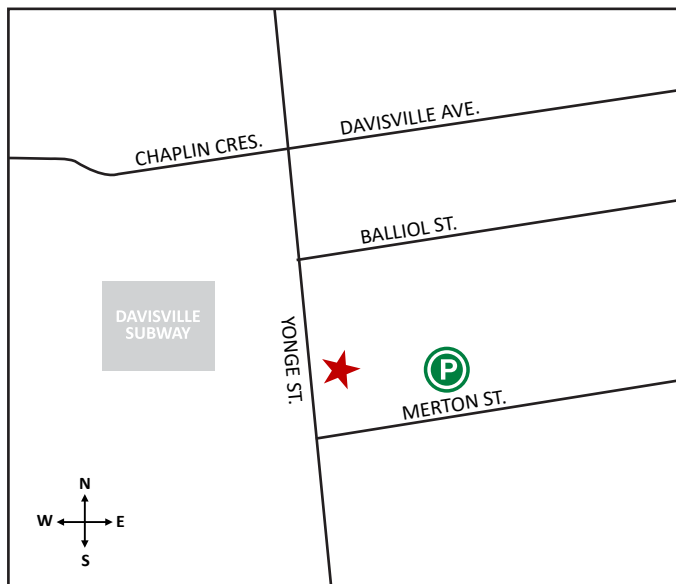
AMBULATORY MONITORING

HOLTER MONITORING OR EVENT RECORDING

Please do not put any cream/lotion on your chest.
Wear loose, comfortable clothing. Bring current list of medications.
Please note no shower/bath is permitted during recording period.

BLOOD PRESSURE MONITORING

Please wear blouse/shirt with short or loose fitting sleeves.
Bring current list of medications.



MYHEALTH CENTRE

1849 Yonge Street, Suite 218
Toronto, ON M4S 1Y2

Tel: 416-928-3467 | Fax: 416-928-3502

The clinic is located at 1849 Yonge Street, second floor in suite 218.

The major intersection is Yonge and Davisville. We are one and a half blocks south of Davisville.

Parking is available in the parking garage located on Merton Street just behind the building.