

**PATIENT INFORMATION (AFFIX LABEL IF AVAILABLE)**

 Check if Applicable: ☐ **URGENT**

Patient Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov.: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Alt. Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Health Card #: \_\_\_\_\_

Gender: \_\_\_\_\_ Height (cm): \_\_\_\_\_ Weight (kg): \_\_\_\_\_

Reason for Referral:

**CARDIOLOGY & INTERNAL MEDICINE CONSULTATIONS**
**CARDIOLOGY CONSULTATION**

- ☐ First Available  
☐ Dr. C. Hourtovenko  
☐ Dr. A. Kumar  
☐ Dr. J. Hilal  
☐ Dr. A. Al-Riyami

**INTERNAL MEDICINE CONSULTATION**

- ☐ First Available  
☐ Dr. J. Hilal  
☐ Dr. A. Al-Riyami

**Indication(s) for consultation:**

- ☐ Abnormal Exercise/Rest ECG     ☐ Rule out CAD (CRF with symptoms)  
☐ Atypical (variant) Angina/SOBOE     ☐ Post M.I.  
☐ Typical Angina     ☐ Other: \_\_\_\_\_

**Please Attach:** Medications, Previous Tests, Family & Social History

**NUCLEAR CARDIOLOGY**
**MYOCARDIAL PERFUSION**

- ☐ Exercise  
☐ Persantine

**VENTRICULAR FUNCTION**

- ☐ Rest MUGA

**CARDIOLOGY**

- ☐ 12-Lead Electrocardiogram (Rest ECG) - **No appointment necessary**  
☐ Exercise Stress Test (GXT)  
☐ Holter Monitoring with 12-Lead Electrocardiogram (ECG)  
     ☐ 24 hrs    ☐ 48 hrs    ☐ 72 hrs    ☐ Other: \_\_\_\_\_  
☐ 24hr BP Monitor (Not insured by OHIP)  
☐ Contrast Echocardiogram  
☐ Echocardiogram (Colour Doppler)  
     ☐ Chest pain suspicious of CAD     ☐ Murmur  
     ☐ Congestive heart failure     ☐ Palpitations/arrhythmias  
     ☐ Hypertension     ☐ Syncope  
     ☐ Other: \_\_\_\_\_  
☐ Bubble Study

**REFERRING PHYSICIAN INFORMATION (STAMP LABEL IF AVAILABLE)**

 Referring Physician: \_\_\_\_\_  
(Print Name)

 \_\_\_\_\_  
(Signature)

Billing Provider #: \_\_\_\_\_

CPSO #: \_\_\_\_\_

Tel #: \_\_\_\_\_

Fax #: \_\_\_\_\_

Date: \_\_\_\_\_

Copy To: \_\_\_\_\_

 Report Delivery Preference: ☐ Fax    ☐ HRM    ☐ Other: \_\_\_\_\_

## CARDIOLOGY & INTERNAL MEDICINE CONSULTATIONS

Bring a list of all your current medications.

### CARDIOLOGY

**ECHOCARDIOGRAPHY:** A cool sensation may be felt on the skin from the gel on the transducer, and a slight pressure of the transducer may be felt on your chest.

**EXERCISE STRESS TEST:** Discontinue erectile dysfunction medication for 1 week before your test. Bring a list of all your current medications. Wear soft sole shoes and comfortable clothing.

Total test time: Approximately 30 minutes

**HOLTER MONITORING:** Please do not put any cream/lotion on your chest. Wear loose, comfortable clothing. Bring a list of all your current medications. Please note: a shower/bath is not permitted during the recording period.

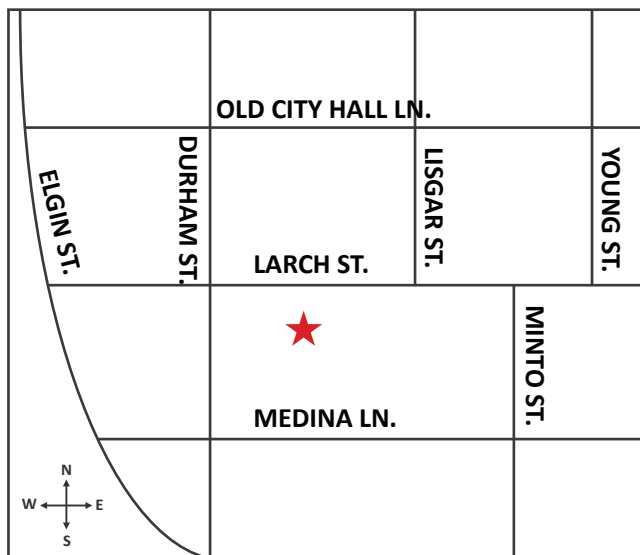
**BLOOD PRESSURE MONITORING:** Please wear a shirt/blouse with short or loose-fitting sleeves. Bring a list of all your current medications.

### NUCLEAR CARDIOLOGY

1. Patient may have a light breakfast/lunch (e.g. toast, jam, fruit, juice, water) but do not to eat anything for 1 hour before your test.
2. Discontinue all caffeine products for 24 hours before your test. This includes all tea, coffee, decaffeinated tea/coffee, pop, chocolate, Tylenol 2 & 3 and/or medications containing caffeine.
3. Insulin-dependent diabetics should take their insulin and eat a light meal 1 hour before the test.
4. Wear loose fitting clothing (e.g. t-shirt, track pants, athletic shoes, etc.).
5. Bring a list of all your current medications. Check with your physician regarding the discontinuation of any heart medications (e.g. Beta-Blockers, such as Metoprolol or Atenolol, as well as Calcium Channel Blockers, such as Diltiazem or Verapamil).
6. Do not take erectile dysfunction medications (e.g. Viagra, Cialis, Levitra, etc.) for 48 hours before your test.

**MYOCARDIAL PERFUSION IMAGING** consists of 2 parts:

1. Rest Study - Takes approximately 1.5-2 hours and consists of an injection followed by imaging.
2. Stress Study - Takes approximately 2-2.5 hours and consists of a stress test, injection and imaging.



#### SUDBURY LARCH (CARDIOLOGY)

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Sudbury, ON P3E 1B8  
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E: [sudbury\\_larch\\_cardiology@myhealthcentre.ca](mailto:sudbury_larch_cardiology@myhealthcentre.ca)



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For Northern Health Travel Grant: [www.health.gov.on.ca/en/public/publications/ohip/northern.aspx](http://www.health.gov.on.ca/en/public/publications/ohip/northern.aspx)