

**PATIENT INFORMATION (AFFIX LABEL IF AVAILABLE)**

Check if Applicable:  URGENT

Patient Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov.: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Health Card #: \_\_\_\_\_

Gender: \_\_\_\_\_ Height (cm): \_\_\_\_\_ Weight (kg): \_\_\_\_\_

Reason for Referral:

**ISOLATION PRECAUTIONS – FOR RMH PATIENTS**

Not Required  Airborne  Droplet  Contact  C Difficile

**CARDIOLOGY**

- Exercise Stress Test (GXT) only
- Exercise Stress Test (GXT) with Cardiac Consult (no caffeine morning of test)
- Holter Monitor (please bring list of current medications)
  - 24 hrs  48 hrs  72 hrs  Other: \_\_\_\_\_
- 24hr BP Monitor (Not insured by OHIP)

**NUCLEAR CARDIOLOGY**
**MYOCARDIAL PERFUSION**

(no caffeine for 12hrs + fasting for 4hrs before test)

- Exercise
- Persantine

**VENTRICULAR FUNCTION**

- Rest MUGA

**BONE MINERAL DENSITY**

- Baseline
- Follow Up

Please bring a list of medications &amp; supplements

**NUCLEAR MEDICINE**
**BONE SCAN**

- Total Body
- Specific Site: \_\_\_\_\_

**GASTROINTESTINAL**

- Hepatobiliary Scan (HIDA)
- Solid Gastric Emptying Scan
- GI Bleeding Scan
- Meckel's Scan

**GALLIUM**

- Total Body
- Specific Site: \_\_\_\_\_

**ENDOCRINE**

- Thyroid Uptake & Scan
- Parathyroid

**RENAL**

- Renal Scan with Differential Function
- Lasix Renal
- Captopril Renal

**MISCELLANEOUS**

- V/Q Lung Scan
- Sentinel Node
- Salivary Scan

**REFERRING PHYSICIAN INFORMATION (STAMP LABEL IF AVAILABLE)**

Referring Physician: \_\_\_\_\_ (Print Name) \_\_\_\_\_ (Signature)

Billing Provider #: \_\_\_\_\_ CPSO #: \_\_\_\_\_

Tel #: \_\_\_\_\_ Fax #: \_\_\_\_\_

Date: \_\_\_\_\_ Copy To: \_\_\_\_\_

Report Delivery Preference:  Fax  HRM  Other: \_\_\_\_\_

 Access your patient radiology reports at [MyHealthCentre.ca/Access](http://MyHealthCentre.ca/Access)

All our services require a scheduled appointment.  
 Please provide 24 hours' notice if you need to reschedule your appointment to avoid a no-show fee.  
 For the latest clinic information, or to chat live and book your appointment online, please visit [MyHealthCentre.ca](http://MyHealthCentre.ca).

SCAN	TEST PREPARATION	YOUR TIME
Blood Pressure Monitor	This is not covered by OHIP - a charge will apply	Day 1 – 20 minutes Day 2 – 5 minutes
Bone Mineral Density	Wear pants without metal zippers or snaps; Bring list of current medications	20 minutes
Bone Scan	No restrictions	1 <sup>st</sup> Visit – 15 minutes Return in 2.5 hours 2 <sup>nd</sup> Visit – 1 hour
Gallium Scan	No restrictions	Day 1 – 10 minutes Day 2 – 1-2 hours
Gastric Emptying	Nothing by mouth overnight; Off opiates, prokinetics and antispasmodics for 48 hours (only if instructed by doctor)	4 hours
GI Bleed	Nothing by mouth for 6 hours	2-3 hours
Hepatobiliary Scan (HIDA)	Clear liquids only from midnight on; No pain medications for 4 hours	2.5 hours
Holter Monitor	Bring list of current medications	Day 1 – 20 minutes Day 2 – 5 minutes
Lung Scan	No restrictions	1 hour
Meckel's Scan	Nothing by mouth overnight	1 hour
MUGA Scan	No caffeine for 4 hours	45 minutes
Myocardial Perfusion	No caffeine or decaf. for 12 hours; Clear fluids only for 4 hours prior to test on both days; Diabetic patients may have a light meal 2 hours prior to test; No powder or cream on skin; Off erectile dysfunction medications for 48 hours <b>Exercise:</b> Off Beta-Blockers for 48 hours (only if instructed by doctor) <b>Persantine:</b> Off Theodur/Theophylline for 48 hours (only if instructed by doctor)	Day 1 – 2 hours Day 2 – 1 hour
Parathyroid Scan	No restrictions	1 <sup>st</sup> Visit – 1 hour Return in 3 hours 2 <sup>nd</sup> Visit – 1 hour
Renal Scan	Well hydrated (You may empty bladder); Bring list of current medications	1 hour
Renal Scan with Lasix	Well hydrated (You may empty bladder); Bring list of current medications	1.5 hours
Renal Scan with Captopril	Well hydrated (You may empty bladder); Off ACEIs & ARBs for 72 hours (only if instructed by doctor); Nothing by mouth for 4 hours; Bring list of current medications	2 hours
Salivary Gland Scan	No restrictions	1 hour
Thyroid Uptake & Scan	Off thyroid replacement medications for 4 weeks; Off anti-thyroid medications for 4 days (only if instructed by doctor); Nothing by mouth for 2 hours on Day 2	Day 1 – 10 minutes Day 2 – 1 hour



- ✓ Location services, hours and directions
- ✓ Chat live and book appointment online
- ✓ Test preparation in 20+ languages
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